

Chapter 3 Section 2: Hinduism and Buddhism

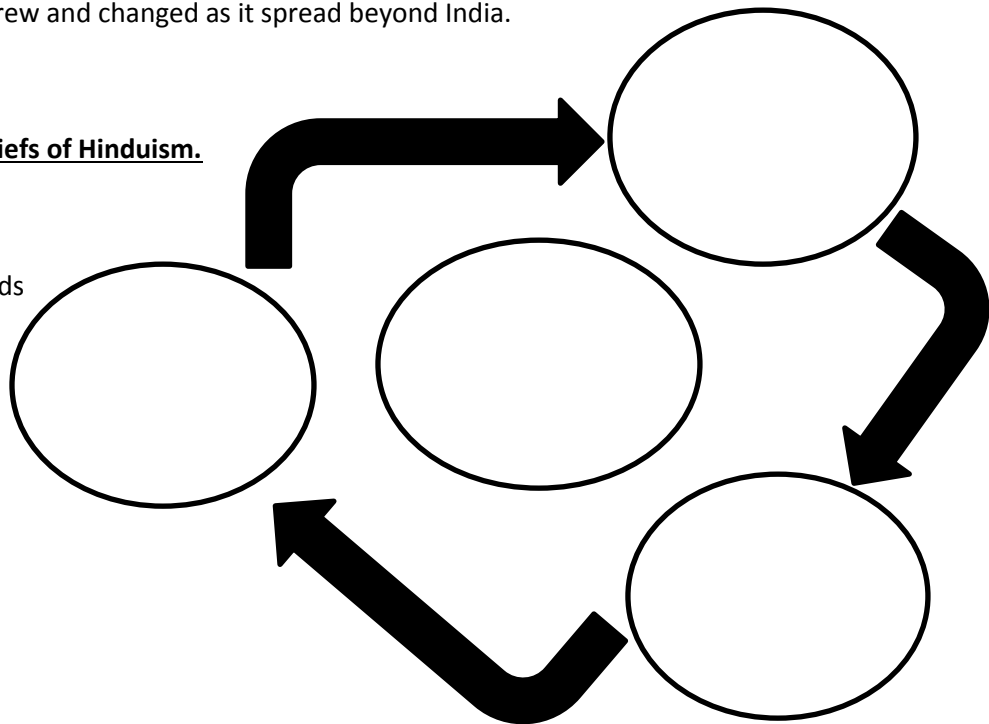
Lesson Objectives

35. Outline the essential beliefs of Hinduism.
36. Analyze how the caste system shaped India.
37. Understand the key teachings of the Buddha.
38. Explore how Buddhism grew and changed as it spread beyond India.

35. Outline the essential beliefs of Hinduism.

Hindu Beliefs

- One Force; Many Gods



Hindus believe that everything is part of the unchanging, all powerful, spiritual force called Brahman.

Sacred Texts

- *The _____ and The Upanishads*
 - Over hundreds of years Hindu teachings were recorded into the Vedas.
 - Use images and _____ to teach about the human soul and the connectedness of all life.

"What do you see?"

"Very tiny seeds, sir."

"Break one."

"I have broken it, sir."

"Now, what do you see?"

"Nothing, sir."

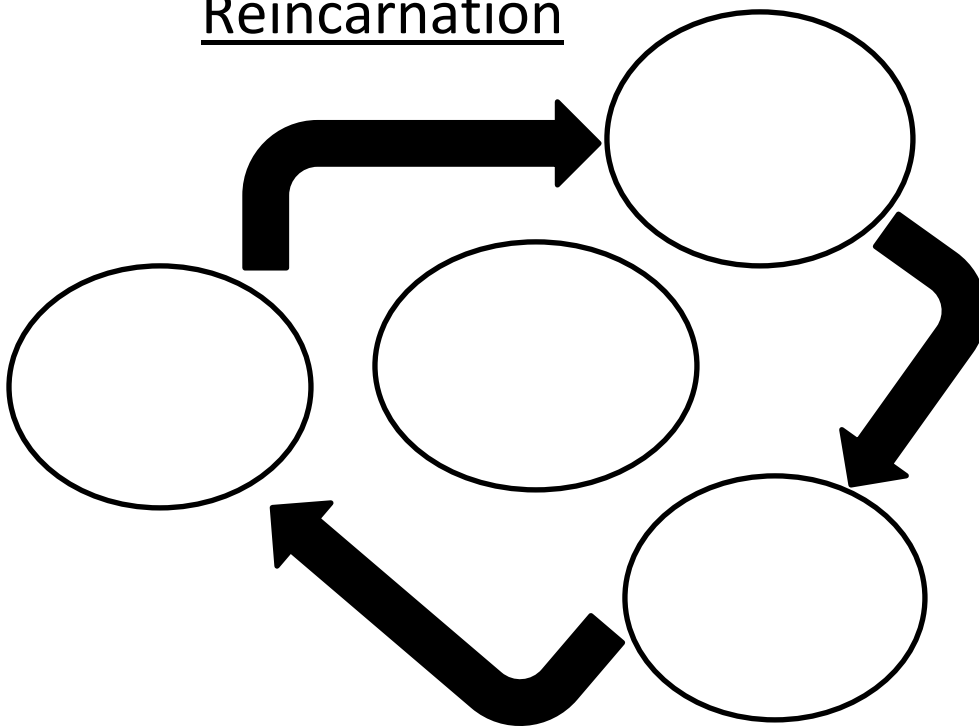
"My son, what you do not see is the essence of life, and in that essence the mighty banyan tree exists. Believe me, my son, in that essence is the soul of all that is."

- *The Upanishads*- The Banyan Tree

Goal of Life: Achieve Moksha.

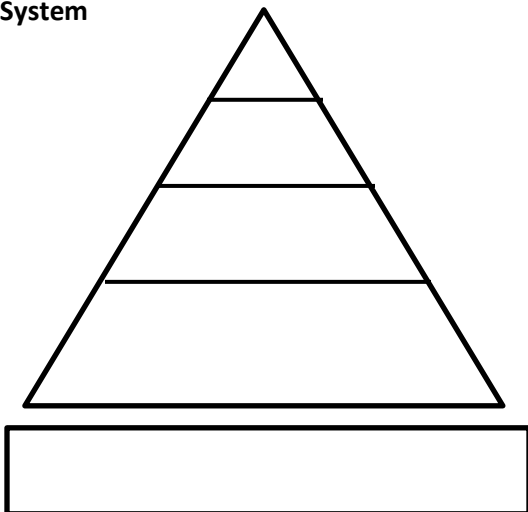
- Atman
 - Everyone has an essential self, or atman. (_____)
- Moksha
 - The ultimate goal is to have your atman to unify with _____. This is called _____.
- Reincarnation
 - Hindus believe in _____, or the _____ of the soul in another bodily form.
- Karma
 - To achieve moksha one must learn to give up selfish desires and to obey the law of _____.
- Dharma
 - Dharma is the religious and moral _____ of an individual. These duties vary from individual to individual based on _____, _____, and _____.

Reincarnation



36. Analyze how the caste system shaped India.

The Caste System



37. Understand the key teachings of the Buddha.

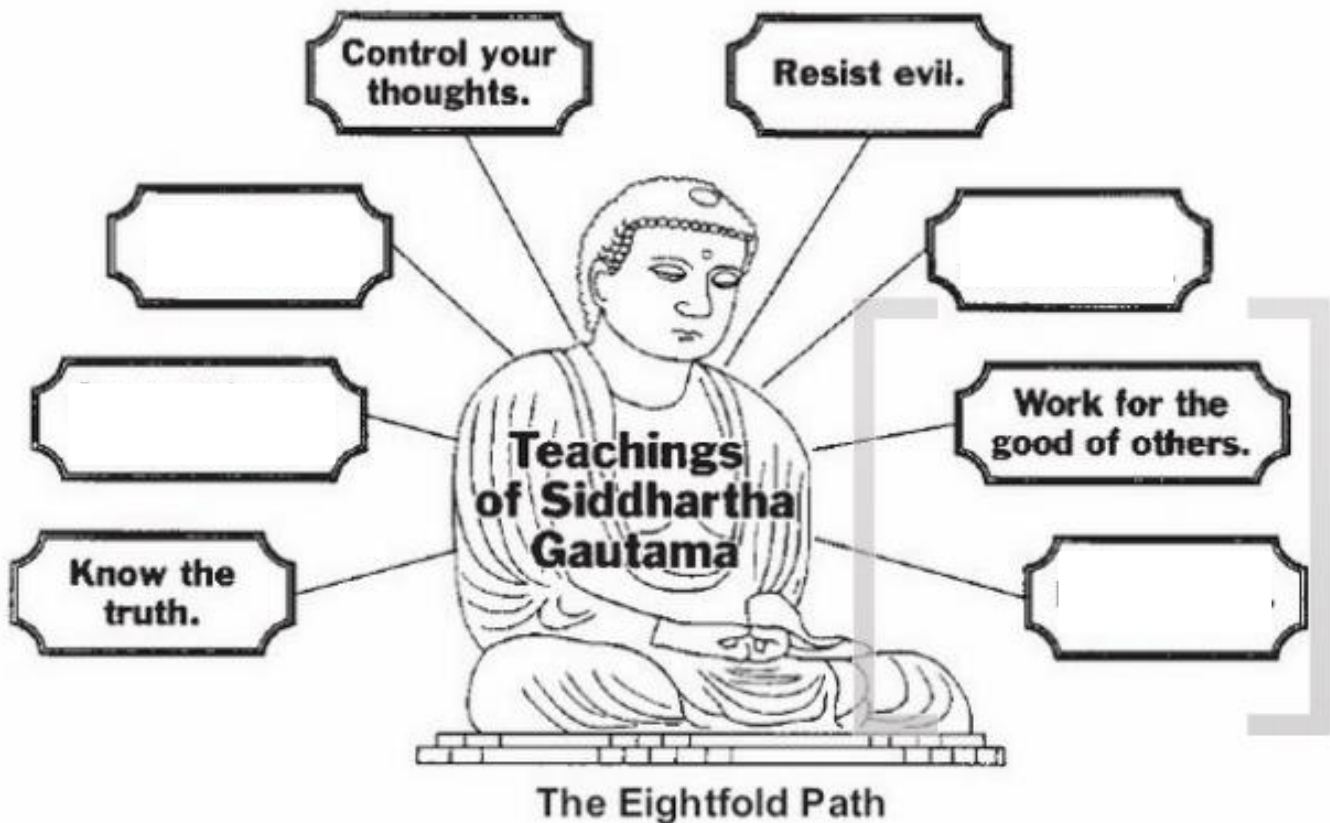
The Life of the "Buddha"

- The Boy
 - _____ was born a prince.
 - Mother dreams of "white elephant"; prophet predicts he will become a wandering holy man.
 - His father kept him in the family's _____, not allowing him to go outside.
 - At 16 he married a beautiful woman and enjoyed a _____ life.
- Young Man
 - At the age of 29 he took a ride beyond the _____.
 - For the first time he saw human _____.
 - Deeply disturbed he left his f _____ and wandered for years trying to discover a place "where there is neither _____ nor _____".
- The Buddha
 - At some point he sat under a tree and _____. During this meditation he found the _____ for suffering and sorrow.

The Four Noble Truths

1. All life is full of _____, pain, and sorrow.
2. The cause of suffering is nonvirtue, or negative deeds and mindsets such as hatred and _____.
3. The only cure for suffering is to overcome _____.
4. The way to overcome nonvirtue is to follow the _____.

The Eightfold Path



Buddhism Spreads

Using the map from the vodcast use arrows to show where Buddhism began and spread to on the blank map below.

